

"IT CHANGES YER MIND"

I have a friend who washes,—washes clothes for her living, and the living of her family. Her weekly visits to my household are a source of unmitigated joy to me, for not only is she the good fairy who practices her magic on dirt and disorder, changing them into cleanliness and order, but she is also a philosopher of the first magnitude.

When she came yesterday she said, "Well, Mis' G., I gotta car. Me and me brother-in-law got it together."

I expressed mild astonishment. "A car?" I asked, assuming that when one washed for her livelihood the occupation was generally thought quite a temporary makeshift until something better turned up. But washing didn't disturb Mrs. Murphy. It was all in the day's work. (Which proves, doesn't it, that she is a philosopher?)

The CAR turned out to be a second-hand affair, very second-hand, and I tried not to show my distress. "How much did you have to pay for it?" I asked, hoping it wouldn't be more than a dollar and a half.

"Well," she said, with just a perceptible hesitation, "me brother-in-law and me 're payin' fifty-fifty. It's costin' us a hundred 'n fifty, and we can pay by the week. Eight or nine weeks more, an' we'll have it all paid up."

I groaned inside. The thought of the old car, I was sure it was a decrepit old affair, eating up all Mrs. Murphy's wages in payments and gasoline and repairs,—repairs before it was paid for,—well I could have wept right there. AND SHE NEEDED THE MONEY SO DESPERATELY.

I was lost in the horror of it. How could she live on such a narrow financial margin,—or no margin at all,—how could she turn all her money into a heap of junk? But my sorrowful meditations were interrupted by her cheerful voice.

"We went ridin' yistiddy," she said. She looked out of the laundry window into the "wide, open spaces" of her remembrance. "It's grand to have a car," she went on, and then the far-away look in her face giving way to her customary, weathered twinkle, she added, "It changes yer mind."

"Changes your mind?" I queried stupidly, thinking she meant her mind had changed in regard to the desirability of owning a car.

"Yes," she answered, the faraway look returned. "You see diffrent scenery. 'N hills. There aint no bad smells all the time, jist clover 'n woods 'n ferns. Beats all," she added above the whirr of the motor driven washer, "how it changes yer mind."

MOTHERS OF FAMOUS MEN

By MARY ADRIAN

THE MOTHER OF HENRY WADSWORTH LONGFELLOW
There is no doubt that the great poet's soul was but the brighter replica of that of his gentle mother

The mother repeated in her son is a phenomena frequently found, particularly when the son develops into a great man. The proportion of famous men who are like their mothers is far greater than that of those who are like their fathers. One of the former cases was that of Henry Wadsworth Longfellow, one of America's greatest men of letters, with whose poems every school child in the land is familiar.

It has been said by biographers that the great poet in every way like his mother, Zilpah Wadsworth, a descendant of the earliest settlers in this country, and one of the splendid, typical American women of her day. It was from her, to begin with, say the commentators, that he inherited his love for the fine, inner things of life. She had all his feelings and appreciation, only like so many other people, lacked the capacity for expression. This development in the boy who was to become America's best loved writer of poems, from her gentle features, it has been established, he took his cast of countenance. And his great love of nature was also a heritage from his mother.

Unlike most women, particularly of that day, she was unafraid of the elements. One of her greatest joys was to watch a thunderstorm from its very midst. She never fled to cover, but when the first fork of lightning flashed she went to the most exposed place, to get a full view of the majestic storm.

"The Bible," wrote another biographer, "was her library, the Psalms her chosen reading. She shared the secrets of her children; her neighbors and the poor at large loved her."

Next: The Mother of Lord Bulwer-Lytton.

Wall Marks

Those marks on the wall made by careless people who scratch matches there may be removed by rubbing them with a piece of lemon.

Left-over Potatoes

Don't pile left-over potatoes together in a bowl, as they will sour quickly. Spread them out on a large dish.

Scaling Fish

When cleaning fish, pour boiling water over the fish until the scales curl. Then they can be scraped off very easily.

Discolored Water

If your drinking water seems discolored or dirty looking, tie a thick square of absorbent cotton over the mouth of the faucet. This will clear it nicely. Of course, the cotton must be changed daily.

High Collars

High collars are featured on some of the new straight line frocks for early fall. Frequently they fasten on one side with a row of buttons from shoulder to hem.

Top Coats

Large checks, enormous plaid designs and very wide stripes are featured on the newest top coats, but the materials are so soft and the designs so subtly blended that the effect is truly charming.

Knitted Costumes

The frock of knitted silk or wool continues to be very stylish and comes in the most fascinating shades of French blue, henna, white, jade green and in mixed effects and with fancy borders.

BROADCASTS

By LORA KELLY



Sea Snipes and Porch Wrens

Consider the female sea snipe. Every year is leap year for her. She wins her own mate instead of being wooed.

The male snipe may try his best to remain a bachelor, but sooner or later he yields to the bold advances of a persistent lady sea snipe who knows a good thing when she sees it.

Generally he regrets his matrimonial venture, naturalists tell us, for he is compelled to do the heavy work in building the nest and hatching the eggs while his up-to-date wife visits her friends and indulges in whatever is the sea snipe equivalent for bridge, whist or movie matinees.

All she has to do is to lay the eggs, and that only twice a year. Thus she has the leisure to develop into quite a leisure class, or maybe go in for the uplift of less privileged sea snipes.

Nature may have been a bit hard on the females of some species in endowing them with the job of perpetuating the race, and then maintaining it as well.

But she even up somewhere along the line. Whenever the sink gets everlastingly full of dishes to be washed, whenever the beds seem endlessly to be made, while there is a whole eternity of sweeping to be faced, just remember Mrs. Sea Snipe, who tells not, neither does she spin. She is suspiciously akin to the porch wren, now prevalent on many seashore verandas.

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Bridge Session Held at Matawan

KEYPORT, July 20.—In honor of her guest Mrs. J. Edward Chamberlain of Cranbury, Mrs. Edith V. Wyckoff entertained four tables at 500 on Wednesday afternoon. Six games were played and the prize winners were Mrs. Asbury W. Campbell, Mrs. Norman B. Lockwood and Mrs. Harvey Bronner.

Following the game elaborate refreshments were served by the hostess assisted by Mrs. A. W. Campbell and Mrs. Edward Chamberlain. Those playing were Mrs. F. E. Armstrong, Mrs. George W. Siddle, Mrs. E. Francis Ehrlich, Mrs. C. Leon Garrison, Mrs. J. Edward Chamberlain, Mrs. Harvey Bronner, Mrs. James T. Walling, Mrs. S. E. Tilton of Flatbush, Mrs. H. T. Hopkins, Mrs. Rufus O. Walling, Mrs. Asbury W. Campbell, Mrs. Norman B. Lockwood, Mrs. O. C. Bogardus, Mrs. J. E. D. Sileo and Mrs. Edgar T. Hoese.

Morning Frock



Even a morning frock should show some conformity to style. Here is one that does. It has the long waist, a slight fullness over the hips to give a long line front and back. It ties in the back with a sash. It could be made of gingham, dimity or voile. It could be made of cretonne with trimmings of linen. It could be made of a checked cotton crepe. It has as many chances to be charming as there are pretty materials.

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MARRIAGE NO LONGER ENDS WOMAN'S EDUCATION

BY MARIAN HALE

NEA Service Writer

NEW YORK.—"The best school girl today is the married woman," says Margaret Burton, national educational director of the Y. W. C. A.

"Because a marriage license doesn't make up for the lack of a diploma," she says. "The married woman goes on with her education because she knows it is the best way to hold her husband, regardless of what beauty specialists say."

"Today the girl who marries a man better educated than herself does not repeatedly make the same errors in English or display her ignorance of the classics. She enrolls in English classes and brings her intelligence to the level and sometimes beyond that of her husband."

Learns With Children

"The mother of college boys, whose education was limited, does not let ignorance widen the natural breach between youth and maturity. She follows a course of lessons in current events two or three times a week and speaks the language of her college-bred children."

"Women who give up their professions for a matrimonial career, who want to resume them when their children are past the stage where they need constant supervision, go back to school and brush up in specialized work."

"When the married woman faces the necessity of supporting herself indefinitely, she frequently realizes the advantage of intensive training and sets about getting it."

Train for Home

But not all of them train for professions outside the home. Miss Burton states.

"In these days, many girls who are expert stenographers and secretaries, marry with no working knowledge of the kitchen range or without ever having seen a pie in its pre-baked state. Because they



Miss Margaret Burton

were trained for business, they train for domesticity, and instead of experimenting on their husbands and serving them badly cooked food, they enroll in cooking and home-making classes and learn the truth about foods.

"Women who bought everything ready-made before their marriage, learn dressmaking and sewing in a course of lessons and often surprise themselves with what they are able to do."

"The days when a woman's education stops at marriage are over. Today, this is more apt to mark the beginning."

IS CITY ATTORNEY, NOW!



MRS. MARY RANTZ SCHWAB

By NEA Service
SAN FRANCISCO.—The ladder of success to Mrs. Mary Rantz Schwab, has been a series of struggles and discouragements all the way up from poverty.

Now, well on the way in her upward climb to a set goal, Mrs. Schwab sits at her desk as the first woman assistant city attorney of San Francisco and expounds this lesson from her experience:

"Fetters don't get in the way of a woman who really wants to succeed."

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It's an even fight, she concludes, with man and woman on equal terms. "It is not a 'man's world,'" she explains. "If a woman has equal determination, she has as good a chance to win as has a man."

"But she must have patience and the ability to keep the one goal in view. Neither man nor woman has the right to expect success without effort, which may extend through years."

Feminine Throughout
The forceful personality of San Francisco's assistant city attorney confirms this opinion. Mrs. Schwab's attire is essentially feminine. Her brown hair is bobbed. Yet her features display that enviable characteristic of aggressiveness that has brought her up to her present height.

From childhood, she hoped for success as an attorney. Now that

Summer Foods For Vacationists Are Suggested

This is meant especially for those housewives who live out in the country or suburbs and are beginning to take in summer boarders.

But the information contained here is just as beneficial to the said "summer boarder" and all others who care to keep cool and refreshing during the hot spell.

It is a story of food—food that will not heat up the body any more than it is heated during summer; food that will refresh and invigorate instead, and that will be acceptable even to the most exacting of palates.

The person who lives in the city most of the year, and goes out to the country for a few weeks of rest and quiet, wants, first of all, simple well-cooked food. The vacationist wants a change from the heavy meat dinners with their rich desserts, just as he seeks peace from the hustle of business life.

For these, therefore, I have dotted down the following summer food suggestions:

No need of a great variety of dishes, but plenty of fresh vegetables, milk, cream and eggs. To these may be added good bread, butter and coffee that is really coffee.

Salad Daily

Once a day at least a salad should be served. For luncheon or supper it may be made of the vegetables left from dinner the day before. When cooking beans or peas, it is well to take out a few, also have one or two potatoes, before these have had any butter or sauce added, and put them away in a cold place to use for salads.

Corn oil is an excellent oil to use instead of olive oil, which is much more expensive. Be sure to get the corn oil which has not been standing too long a time on the grocer's shelves.

she has tasted of it, she intends to continue her way upward in the law, with the hope ultimately to perform some big social service.

Mrs. Schwab's yearning to become of real social service to humanity springs from her own bitter experiences since she was a tot of 4.

At that age she recalls fleeing Russian persecution, under her father's care, abandoning wealth and property. America, the promised land, opened to them after months of privation and hardship, and the Rantz family settled in Philadelphia.

Family Support
But the promise of America was far from becoming a realization. Mary had to go out selling papers to add to her father's meager income. As she grew older, and moved to Peoria, Ill., she was destined to help support a large family, even before she could enter upon higher education.

At 15, Mary left business school as a bookkeeper and obtained work in a grocery for \$5 a week. That hardly helped keep the wolf from the door. But, after a night course in stenography, she was able to find a better position at \$10 a week.

Thus she climbed slowly, courageously and by sheer grit to the point at which she was able to struggle through a night law course, while she worked by day.

But this was not until she had come to San Francisco as a stenographer, had married Rudolph Schwab in 1911 and had lost her husband by death six years later.

Now, as first woman ever to hold the position she is in, Mrs. Schwab considers herself at last started on her way to success.

YOUR BABY AND MINE

By MYRTLE MEYER ELDRED

Bed wetting is one of the most unpleasant habits. It is one of the hardest habits to break because it takes place during the sleep and the child is really not to be blamed for it. It comes perhaps oftenest to children who are not trained early to control the bladder during the day time; to nervous children and to children with some kidney trouble. Since it is impossible always to know what causes it, one can see easily that it would be hardly just to the child to punish him for what may be no fault of his.

The best way to cure the habit is through right training. There are several things one may do all of them in the hopes that one or more may work.

If the child has a tendency to acid urine this should be corrected through the diet. After four o'clock it is well not to give any liquids. Thus the milk of his night meal can be utilized in cooking the cereal, and no water or soup be taken at this time.

When the child goes to bed sponge

shelf, and then keep it in a cool place that it may not grow rancid.

It is not at all necessary to serve a cooked dressing. Many persons do not care for mayonnaise. Sometimes cream soups, and a good use for it is in a cooked salad dressing.

Desserts made of milk, as boiled custard, rice cooked in milk, and bread puddings are all enjoyed if the custard has enough egg in it and if the bread in the pudding is not too self-evident.

A custard made with the yolks of three eggs to a pint of milk, and cooked carefully so that when cold it is like satin, served in glasses is as good a dessert as one could wish and one which the children may have without question. On top of the glass may be served a spoonful of whipped cream, sweetened and flavored, or a bit of meringue made with the whites of the eggs.

Cream Soups

A good way to use milk and vegetables is in making cream soups. Cook the vegetable, or reheat it if it is left from the previous meal, then rub through a sieve. Add this to the hot milk, thickened with butter and flour season well and garnish with some of the vegetables used in making the soup.

For instance, save out a few peas, if it is a pea soup, or a few asparagus tips if it is asparagus. A potato soup offers a chance to use left-over mashed potatoes. With the potatoes may be combined turnips which have been bagged and mashed.

For supper, a cream soup, hot biscuits, home-made relish, a salad and a generous piece of home-made layer cake would be relished and appreciated by everyone.

On chilly nights serve a chowder made of fish or corn.

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the spine for four or five minutes with cold water, making special effort at the base of the spine. Suggest to the child that these nerves are being waked up so that they will help him to keep from wetting the bed. This gives him as he goes to sleep the picture of faithful little nerves staying awake on the job while he sleeps.

Take the child up at about ten o'clock and if necessary set an alarm and get up once more in the night. Later perhaps when he has gained control and can wait until he is taken up, this last hour may be stopped and the child will learn to go through the night.

It is essential to success at night that the child have perfect control of himself in the daytime.

In order to strengthen this habit, a system of rewards for "dry" nights is better than any punishment.

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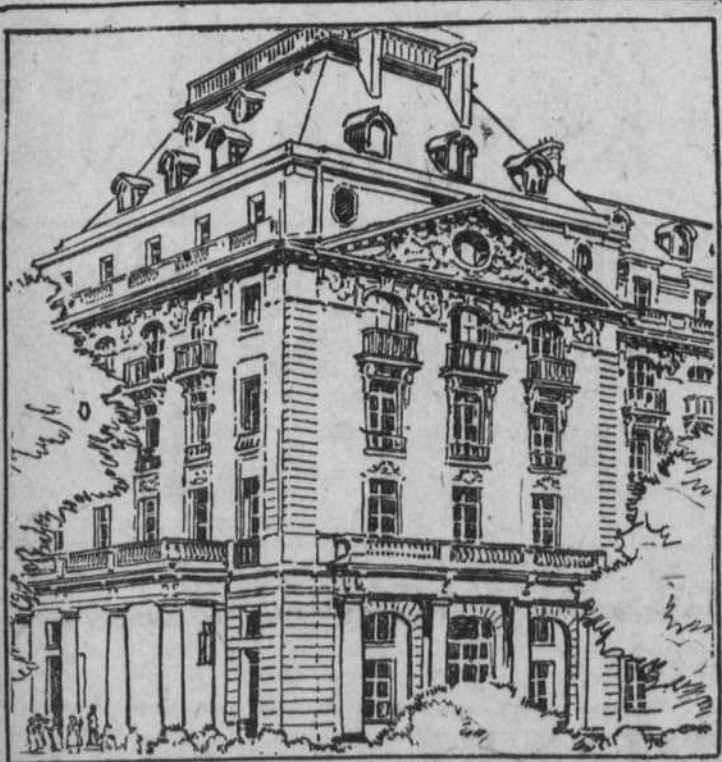
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